

Community  
Client-Centered  
Dignity  
Reliable  
Resourceful



2022-23  
ANNUAL REPORT  
APRIL 1, 2022 – MARCH 31, 2023



50 YEARS OF CARING

care for real  
FOOD • CLOTHING • SUPPORT

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50 YEARS OF CARING

**care for real**  
FOOD • CLOTHING • SUPPORT

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Dear Friends,

I am excited to formally share the reimagined Core Values that guide Care for Real's work and interactions with the community. Supported by our mission of fostering healthy and equitable communities by helping neighbors and families overcome food insecurity with dignity, our Core Values are **Community, Client-Centered, Dignity, Reliable, and Resourceful**.

You can read the definitions for each core value on page 4 of this report, but first, I'd like to share the words of our clients, volunteers, and staff that embody these values.

#### Community

*"That's ultimately why I'm here: to be part of the community I live in and help out the Care for Real way." – Max, Program & Warehouse Associate*

#### Client-Centered

*"The food certainly increases my wellbeing, my quality of life. I am very appreciative, believe me. I don't know what I would do without Care for Real." – Client*

#### Dignity

*"I believe preserving someone's dignity is essential in service, and Care for Real has never failed to treat clients with warmth, kindness, and humility." – Arturo, Volunteer*

#### Reliable

*"Care for Real has been in my corner for about 8 years, still with me in spite of everything that has happened, the pandemic, my physical health changing. I knew Care for Real was going to be right there." – Client*

#### Resourceful

*"Care for Real always makes it work." – Jen, Director of Development & Communications*

Care for Real was founded more than 53 years ago by community leaders working together to help neighbors in need. Today, I am inspired by the over 1,000 unique volunteers and hundreds and hundreds of financial supporters who came together last fiscal year to help us provide services to over 10,000 individuals in need from 4,345 households in our immediate community. From the grade schooler who saved quarters and dimes for months to donate, to the staff members who maneuver the pallet jack in our 6,000 square foot facility, to the volunteer who served 400 hours in just over a year, this community comes together every day to live out the mission and values of Care for Real.

Sincerely,

Gregory Gross  
*Executive Director*



# From the Board Chair

Dear Supporters,

Halfway through my second term as Board Chair, I am marveling at all the organization has faced and overcome since I began my first term. Through every hardship, opportunity, and change in plans, we have been able to count on you, our supporters, to stand with our team as we charge ahead. The community has answered every call we put out. When we asked for more volunteers, shifts got filled. When we asked for diapers, ready-to-eat foods, and Black hair care products, shelves got stocked. When we asked for financial support, gifts were made.

Together, with your support, we were able to provide fresh and nutritious food to 10,134 individuals through 33,617 food pantry visits. These numbers represent our most immediate neighbors. The family you see playing at the park. The young man serving you dinner at your favorite neighborhood restaurant. The elderly person you always see at the pharmacy. Care for Real is a community of neighbors helping neighbors. The needs of the neighbors we serve continue to change and our commitment to feeding every neighbor who visits Care for Real remains the same. Your generosity to Care for Real helps us live out our Core Values of Community, Client-centered, Dignity, Reliable, and Resourceful. Together, we advance our mission of fostering healthy and equitable communities by helping neighbors and families overcome food insecurity with dignity.

With sincere thanks,



The Rev. Jim Nixon  
*Board Chair*



# The of Care for Real

Care for Real is a true community organization. Through every evolution throughout our 53-year history, Care for Real has been about neighbors helping neighbors. Most of the staff live in the neighborhoods we serve. Many volunteers can walk to their shifts. Staff and volunteers know the neighbors we serve by name. Community is at the heart of Care for Real.

“Communities thrive when we come together in these beautiful ways. I am so grateful to be a part of this beauty right here, two blocks from my own home.”

– Kate Polgar  
Director of Programs



“The staff and volunteers make sure the client is treated like you would treat your family.”

– Arul  
Dedicated Volunteer



“A great joy for me has been seeing so many of the same people each week and getting to know one another.”

– Annie  
Weekly Volunteer



“I work to pay the rent, that’s literally all it covers, and I still don’t qualify for a Link card. I feel bad having to come here because I always thought food pantries were for people who didn’t work. Thank you for making me feel welcome.”

– Rogers Park Client



“I feel right at home here which is a sentiment I’ve heard echoed by many volunteers and clients alike.”

– Izzy  
Development Associate



# Mission & Values

**Care for Real fosters healthy and equitable communities by helping neighbors and families overcome food insecurity with dignity.**

Feedback from volunteers and staff and survey results informed the development of Care for Real's core values. Our core values guide our work and service approach to fulfill our mission.

**Community:** Community is at the heart of Care for Real. We always have been, and always will be, about neighbors helping neighbors. Together, we care for real.

**Client-Centered:** We honor and recognize the unique and diverse needs of each neighbor we serve through our client-choice model, clothing closet, and referral program.

**Dignity:** We recognize the inherent value and worthiness of each member of our community by delivering our services with compassion and respect.

**Reliable:** We have served as an essential resource for members of our community for more than 50 years. Neighbors facing food insecurity know they can count on Care for Real.

**Resourceful:** We intentionally and thoughtfully use the resources we have available to meet the specific needs of the communities we serve. Care for Real always makes it work!



# Our Programs

Care for Real is a reliable source for food, clothing, and support for thousands of families each year, distributing food five days a week through our locations in Edgewater and Rogers Park. Neighbors living in the 60626, 60640, 60645, 60659, and 60660 zip codes are welcome to visit either pantry on a weekly basis.

*“What I love about the Care for Real community is how much people genuinely care for each other. The love here is strong.”*

*– Max, Program & Warehouse Associate*

Honoring the dignity of every neighbor served is a priority. The current warehouse is filled to capacity and food distributions still take place outdoors. The team continually modifies operations to streamline food distributions without compromising the quality of service. Offering a modified client-choice model, neighbors visiting the pantries let us know their preferences at registration. The Food Rescue Program that operates seven days a week helps us offer plant-based products, gluten-free foods, ready-to-eat items, food for faith-based diets, milk alternatives, and even flowers. After receiving their groceries, clients are invited to look through their groceries and can send anything they don't want or need back to be restocked.

*“You are saving my life. I can't believe I can come once a week. Thank you. I can't thank you enough.”*

*– Care for Real Client*

We saw surge after surge in need for assistance during fiscal year 2022-23. The war in Ukraine led to high transportation costs, supply chain issues, and exorbitant food prices, bringing a 332% increase in first-time clients to Care for Real. Emergency SNAP benefits and other pandemic-relief programs ended. Seniors were especially impacted. More migrants and asylum seekers

began arriving in our area. The increase in refugees and asylum seekers intensified the demand for more translation support, weather-appropriate clothing, and ready-to-eat foods. Through every increase and change in need, Care for Real makes it work.



*“You could tell the love she put into it when I saw the things she picked out for me. She was thinking about me when she packed this. I appreciate it so much.”*

*– Home Delivery Client*

Launched during the pandemic, the Home Delivery Program continues to be a critical resource for homebound and vulnerable neighbors. Home Delivery clients receive bi-weekly check-in calls that provide a point of connection to our most isolated community members. The staff can also identify the unique needs and preferences of every Home Delivery client. We have a special shelf full of items saved for Home Delivery clients and often get feedback about how meaningful personalization is for them.

*“I'm so grateful to be a part of showing love in such a tangible way.”*

*– Nicole, Volunteer*

# Our Programs continued



Marie's Clothing Closet had 3,216 visits throughout the fiscal year. Our dedicated clothing closet volunteers keep the space organized and provide a dignified experience for every family who visits. The need for in-season clothing soared as more migrants arrived with little to no clothing. Partner organizations referred many new neighbors to Care for Real for weather appropriate clothing. We are one of the few sources for free clothes in the area.

“Volunteering is not even about giving just your time. It’s about receiving; learning all the wonderful lessons from your fellow teammates and the clients we serve, learning that you can take a challenge that’s bigger than what you’ve done in the past, and sharing the gratitude that the clients have for life.”

– *Wilson, Volunteer*

The Pet Pantry expanded during fiscal year 2022-23. Previously offered one day a month, now clients can request dog or cat food when it’s available at every food distribution in Edgewater every 30 days. SNAP benefits do not cover pet food. We never want a neighbor to be faced with the choice of feeding themselves or their pet. Care for Real serves every member of the household, including the furriest ones!

SNAP benefits also do not cover personal care items such as toiletries, diapers, menstruation products, or Black hair care products. All Care for Real clients live below the poverty line. For neighbors living paycheck to paycheck or with no income at all, personal care items can be out of reach. Like the Pet Pantry and Marie’s Clothing Closet, we rely on in-kind donations to keep personal care items in stock.

“This past year, it’s been rough. I was down to skin and bones. I’ve been getting so much better, and I really appreciate you guys. You guys have really come through for me and brought me the things that I like and put me back on the road to recovery.”

– *Care for Real Client*



Care for Real’s team of Social Work Interns worked on developing referral guides to connect food pantry clients with partner organizations that address housing, health, immigration support, and more.

“Care for Real is so devoted to making sure that all clients are treated with respect and dignity and all of the staff and volunteers truly care about making sure that all of the basic needs of clients are met.”

– *Rachel, Social Work Intern*



# Our Impact

Together with your support, Care for Real served thousands of neighbors during fiscal year 2022-2023. We are proud to adapt and evolve to meet the community's needs.



**33,617**  
Food Pantry Visits



**3,216**  
Clothing Visits



**3,215**  
First Time Visits



**2,118,017**  
Pounds of Food Distributed

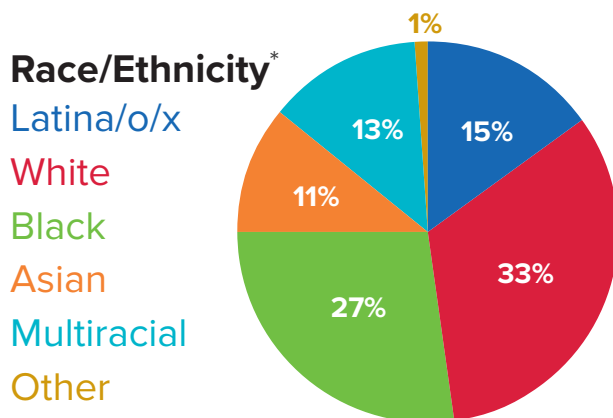


**1,765,014**  
Meals Served



**1,178**  
Pet Pantry Visits

## Demographics of Households Served



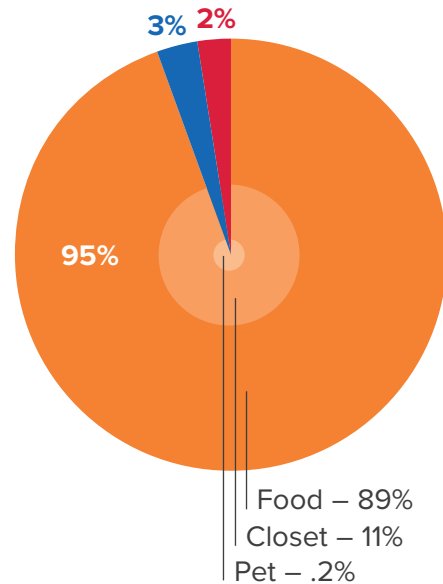
\* Please note data reflects head of household only

# Financials

## FY 2023 Expenses

April 1, 2022 – March 31, 2023

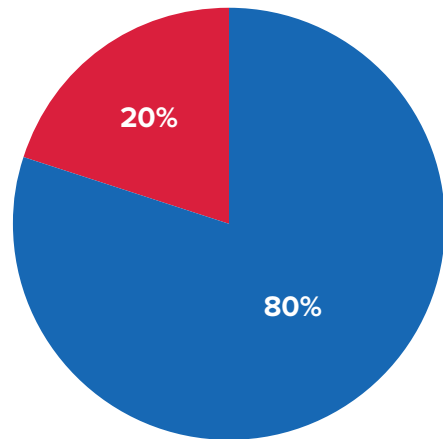
|                |                    |
|----------------|--------------------|
| <b>Total</b>   | <b>\$6,258,777</b> |
| Administration | \$166,986          |
| Fundraising    | \$144,902          |
| Total Programs | \$5,599,449        |
| Food Pantry    | \$4,991,814        |
| Closet         | \$594,997          |
| Pet            | \$12,638           |



## FY 2023 Revenue

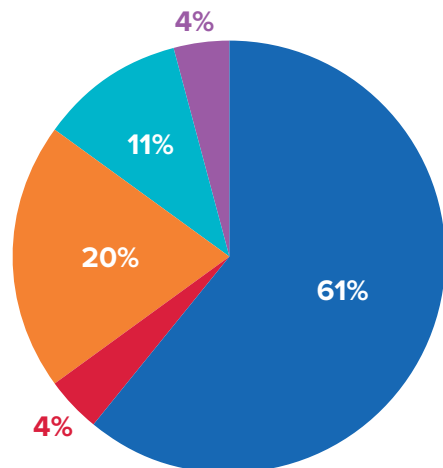
April 1, 2022 – March 31, 2023

|                   |                    |
|-------------------|--------------------|
| <b>Total</b>      | <b>\$6,041,767</b> |
| In-kind donations | \$4,821,170        |
| Cash              | \$1,210,829        |



## Sources of Funding

|                                   |
|-----------------------------------|
| Individual Donors                 |
| Faith and Community Organizations |
| Foundations                       |
| Corporations and Businesses       |
| Government                        |





# Supporters

Care for Real relies on thousands of supporters to help us help thousands of neighbors. We are grateful for the many ways individual donors, businesses, foundations, religious organizations, and others support Care for Real's mission. The following list recognizes donors who made a total contribution of \$500 or greater in fiscal year 2022 – 2023 (April 1, 2022 – March 31, 2023).

*Meal Makers are monthly donors whose consistent giving sustains Care for Real programs and helps us plan for the future. \* Indicates recurring monthly giving during the 2021-22 fiscal year.*

Every effort is made to list donors accurately. We apologize for any errors or omissions.

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## \$25K-49,999

48th Ward

Anonymous (2)

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## \$10K-\$24,999

Adobe

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|  | Ariel Ropp                       |                                      |                                  |





# Tributes

A contribution to Care for Real is a special way to honor loved ones in your life. The following individuals were honored with a gift made between April 1, 2022 – March 31, 2023.

## In Honor Of

Jan & Rich Aaron  
All those in need  
Aunt Sally  
Mary Clare Barker  
Brian Barnick  
Bast, on his 5th birthday  
Brian Bean  
William Beermann  
Pam Behnke  
David Berger  
Bertha Blattner, Kathleen Gregory, & Chris Brown  
Sarah Bornstein  
Michael Bowers  
Linda Bryant  
Caitlyn, Brigid, & Nora  
Jean Campbell & Wright Haider  
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Care for Real Staff & Volunteers  
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Cath Carpenter  
Jessica Carson  
President Jimmy Carter  
Jerry Case  
Louise Champlin  
Chi Omega  
Sarah Claypoole & Raza Lamb  
Eric Clinch  
Karen & Kevin Conway  
Marlon Cook  
Dan Cottone  
Martin Cournane & Lady Gregory's Andersonville

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Nellie Darin  
Deanna  
Carrie DeVries  
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Willard Dumas  
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Joseph Fedorko  
Michael Fick  
Roger & Dolores Flaherty  
Carl Foote  
Patrice K. Franklin & Jay Erens  
Gail Gottschling  
Garry Grasinski  
Gregory Gross  
Norm Guettermann  
Bethany Happach  
Kevin Hill  
Clara Hoff Degenholtz  
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Robert Jespersen  
Brenda J. Johnson  
Jackie Kahn  
Richard Kelliher-Paz  
Michelle Koenigsman  
Karin Korth  
Jen Kouba  
Karen Kuehn & everyone who welcomes SHS students on Service Tuesdays  
Hal Kugeler

Joel Kuipers  
The Rob Kurtz Family  
Latin Family  
Jules D Law  
Samantha Link  
Alton Lynum  
Mustafa Maboud  
The Brian McKinney Family  
Les McNamara  
The Mrs. Mary Mercer Family  
The Aaron Mervis Family  
The Ms. Jessica Mervis Family  
The Mr. & Mrs. Chuck Mervis Family  
Rob Milburn  
Rachel Miller & Daniel Learner  
Teresa Murphy  
Nina Newhouser  
Dorothy Nygren  
Janet O'Brien  
Our Neighbors  
Patrick Pappas  
Van Perrine  
Kate Polgar  
Joanne & Terry Prorok  
Ana S. Ramirez  
Adrian Randolph  
the Mike Rich Family  
Gwen Riggio  
Lester Rockoff  
Hannah Rogers & the TEAM LEWIS Foundation  
Jenn Ross & Peter Segall  
Susan Rubin Elfant  
Mel Ryley

Samuel  
Jackie Schimmel  
Louise Schmidt  
Aleya Schwartz  
Deborah Scott  
Allison Sedey  
Roscoe Segall Brooks  
Andrew Seibert  
Senn Unity Garden  
Sher Sheets, Director of JustEmbrace  
Sophia  
Shawn Stengel  
Dorothy & Marty Stewart  
Elizabeth Stovall & Brian Engert  
Margaret Sullivan  
Gerard Tassin  
Toro Telling  
Audrey Terman  
Andrew Thorp  
Penelope Traisman  
Nicky Tuthill  
Daisee Villanueva  
Christine Weible-Cruz & Jose Cruz  
Ezra Weisz  
Andrew Welling & Matthew Mullen  
Biz Wells  
Tamara Westhoff  
Megan Whitney  
Terri Worman  
Marion & Eugene Zajackowski  
Les Zimmerman

# Tributes continued

## In Memory Of

Raoul Adorno  
 Rita & Cletus Albert  
 Christine Alexander  
 Doris & Dirk Beintema  
 David Berger  
 Alexis Berry  
 Sally Bleeks  
 Sarah Murdock Bolster  
 & Patrick William Ryan  
 Molly Boren  
 Joan & Dr. Born  
 Brenda  
 Marguerite (Marge) Ann  
 Britton  
 My Brother George, Parents  
 Jim & Mary Broussard,  
 & Palermo Aunts & Uncles  
 Les Brown  
 Mike Calcagno  
 Cameo, my guide for over  
 10 years

Robert Carey  
 Sheila Clerkin  
 Diane Cousino  
 Gary Davis  
 Mrs. Minnie L. Dillard  
 Raymond DuCasse  
 Freda duFour  
 & Kathryn Bayles  
 Lowell Dunlap  
 Karen Feiler  
 Zelda & Joe Fishman  
 John Fryer  
 Lois Gould  
 Theresa Winters' Dog,  
 Guthrie  
 Helen & Don Halverson  
 Janice E. Harpest  
 Mary Catherine Hayes  
 Tony Hollenback  
 Babette Inglehart  
 Liz Ippolito

Rhonda Kay  
 Andy Kelly  
 Patricia Kidder  
 Damon Kiely  
 Stephen Kinnard  
 Rocky Kunz  
 Faith Lagay  
 Louie  
 Albert "Skip" Lunby  
 Phyllis Lynum  
 Dogs, Maggie & Rocky  
 Mark  
 Dorothy McBroom  
 Nancy McDaniel  
 Linda Morris  
 Mildred Oehl  
 Katherine & James Pappas  
 Annie Parker  
 Lois Pavalon  
 Joe Piskur

Poirot  
 Doris Rackin  
 Kathy Runstrom  
 Steve Ruppel  
 Margaret & Matthew  
 Schneider  
 Harriette Shurtleff  
 & Barbara Hunte  
 Sue Sirvinskas  
 Marci Stanzel  
 Lois Stegink  
 Nathan Stein  
 Betty & Leroy Steinke  
 Jim Stoppert  
 Elizabeth Tillar  
 Marion & Camillo Volini  
 Jeremy Wasserman  
 Elise Wear  
 Margaret Whybrew  
 Julie Wlach





# Volunteers

Care for Real volunteers make our work possible. Last fiscal year, CfR volunteers served nearly 40,000 hours; the equivalent of over 20 full-time staff members! We rely on the support of over 1,000 annual volunteers to help distribute food five days a week by registering clients, stocking shelves, picking up donations, parking groceries, managing the clothing closet, supporting with administrative tasks, sorting donations, and being a friendly and welcoming face to every neighbor we serve. See below for volunteers who served 25 or more hours in fiscal year 2022-23.

*\* Indicates volunteers who served more than 100 hours during the 2022-23 fiscal year.*

|                       |                      |                     |                           |
|-----------------------|----------------------|---------------------|---------------------------|
| Joseph Agno*          | Annie Burnside       | Simone Dosmar       | Mia Gurrieri              |
| Bisi Ajayi*           | Peter Cabrera        | Elizabeth Dowling   | Arturo Gutiu              |
| Nicholas Alejandro    | Debbie Capone*       | Kathleen Duff       | Maria Hamada              |
| Jessica Alles         | Susan Carlson        | Briana Duong        | Kate Harken               |
| Maddie Anderson       | Robert Carpenter*    | Janet Eaton         | Eileen Hartnett Wicklin   |
| Cheryl Anderson       | James Casey*         | Ken Ellingson       | Marilyn Haverly*          |
| Kristen Anderson      | Ann Casey*           | Kathy Ellingson     | Matthew Hayes*            |
| Signe Anderson*       | Kate Cheeseman       | Christina Erwin     | Sandra Hazel*             |
| Natalia Andriyanenko* | Wilson Chow*         | Kappy Fahey         | Sue Henning*              |
| Bonnie Bagdon*        | Nick Christensen     | Charles Farrell*    | Bob Henning*              |
| Liz Barr              | Megan Chwalinski     | Juliana Fernandez   | Maricela Herrera Lopez    |
| DoriAnn Basaraba      | Damiano Ciccolini    | Marcus Figgins      | Drew Hill*                |
| Luke Baumel           | Harry Citow          | Joe Flanagan        | Lainey Hizon              |
| Sofia Benslimane      | Bob Ciura            | Maggie Flynn        | PeriLyn Hoffman*          |
| Henry Benton          | Jose Clavell         | Mudiwa Ford         | Ray Hofmann               |
| Dana Berkowitz        | Carter Cleland*      | Artie Foster        | Kay Holler                |
| Matt Biety            | Kate Coatar*         | Daveedson Gadson*   | Erinn Huttas              |
| Wendy Biety*          | Gianna Consalvo      | Duffy Geist         | Khadijat Ismaila          |
| Donna Bloom*          | Dan Cottone*         | Gino Generelli      | Carmen Jaeger             |
| Eric Blum             | Grace Courter        | Aisha Ghorashian    | Arul Janakiraman*         |
| Fern Bogot*           | Beverly Courts       | James Gignac        | Marianne Jankowski        |
| Brenda Bonds          | Alvin Courts*        | Grant Gigot         | Ryan Jarnagin             |
| Julie Bonk            | Caroline Covarrubias | Jay Gilley          | Allison Jarrett           |
| Sarah Bornstein*      | Rita Crimmins*       | Greta Goddijn       | Lisa Jarvis               |
| Kamil Bosak           | Pedro Del Valle      | Julia Goddijn       | Jasleen Jaswal            |
| Kristin Boyd*         | Matt DeLance         | Debrah Goodman*     | Abha Kapila*              |
| Connor Boyle          | John Demilio*        | Norbert Gottschling | Rose Karasti              |
| Alyssa Brandon        | Sanhua Ding          | Jesmina Grabovica*  | Beth Karlin               |
| Carrie Breitbach*     | Bella DiPaolo        | Danielle Greenwald  | Mari-Ann Karolin-Costanzo |
| Mirella Bruno         | Philip Doherty*      | Kayla Griffith      | Debbie Kern*              |
| Daniel Burke          | David Dong           | Bev Groudine*       | Raul Kirkpatrick          |

# Volunteers continued

|                      |                     |                         |                        |
|----------------------|---------------------|-------------------------|------------------------|
| Kathy Koch           | Matthew Mullen*     | Matt Richardson         | John R. Staib          |
| Delaunay Krauter     | Nohra Murad         | Nicole Richardson*      | John Stainthorpe       |
| Peter Kuntz*         | Laura Muraoka       | Anna Riedel             | Luke Stamos            |
| Debra La Fontaine    | Lekh Murthy         | Gwyneth Robins          | Isabel Stoltz          |
| Sierra Land          | Peter Nava          | Ryan Roggin             | Eileen Sviokla*        |
| Mimi Landau          | Irene Nevitt        | Bri Rooke               | Karen E. Sysol*        |
| Jacques Larue        | Nina Newhouser*     | Jim Rosen*              | Alex Telling           |
| Thanh Le*            | Rebecca Nguyen      | Jake Rosenberg*         | Jody Temkin            |
| Jeremy Leithold-Patt | Andre Nguyen        | Sasha Rossof            | Matt Temple            |
| Kate Levitov-Baxter  | Eva Niewiadomski    | Becky Rossof*           | Noah Tesch*            |
| Ruben Lionel Plaza   | Edward O'Connell*   | Heidi Roth              | Pegi Thompson          |
| John Luciano*        | Mary Oleszczak      | Emily Ruffner           | Jeannie Tomoda Harrell |
| Connie Luecke        | Shellie Owasanoye   | Lee Ruppel              | Kim Townshend*         |
| Dan Lunney           | Linda Packer*       | Rene Ryan               | Emily Treiber          |
| Carl Madsen*         | Felicia Panait*     | Yousra Sadiq            | Beth Uber*             |
| Payal Mallik         | Mary Ann Pannier    | Bruce Safranec*         | Jenna Van Duyne        |
| Gloria Mandudi       | Hannah Paschke      | Tim Sallinger           | Carol Viamonte         |
| Vaishnavi Manjunath  | Michele Patterson   | Michael Sanders*        | Ruby Vogelsang         |
| Ida Manning          | Kim Patterson       | Maddie Sandoval         | Paula Vogelsang*       |
| Mohammad Manzoor     | Scott Petersen      | Sue Saran               | Deborah Washington     |
| Kathleen Martin*     | Anisha Pethkar      | Linda Scheiber          | Sara Watts*            |
| Edgar Martinez       | Anvay Pethkar       | Carol Scheidenhelm      | Brian Wegner           |
| Maria Martinez       | Derek Phillips      | Larry Schoeneman        | Nathan Weir            |
| Joseph Martinez Meza | Kate Platt-Eckert   | Charles Schollenberger* | Ezra Weisz             |
| Xander Maxcy         | Citlalli Pineda     | Susan Schreiber*        | Andrew Welling*        |
| Mary Ann Mayfield*   | Abbey Polgar        | Pam Seaman              | Gage Whitehurst        |
| Julio Mazzarri*      | Ivy Pool            | Sharon Seeder           | Megan Whitney          |
| Mirabel Mbah         | Joanne Prorok       | Sally Sharp*            | Tim Wilkin*            |
| Margaret McDermott*  | Pranshu Punjani     | Mike Sheridan           | Kara Wilkinson         |
| Carol McVetty        | Josiah Quirk        | Ronald Sherry*          | Diane Williams         |
| Kevin Medina         | Tilly Quirk         | Leslie Shiner           | Sabrina Wilson         |
| Lucas Mendelson      | Kassie Ramirez*     | Steve Shore*            | Marissa Wisniewski     |
| Sam Mendelson        | Jim Redlich         | Adam Sirvinskas         | Mike Withers*          |
| Kim Mendiola         | Bernard Reed        | Mike Sirvinskas*        | Jay Wolfson*           |
| Chloe Michel         | Tracy Regan         | Sue Sirvinskas*         | Jim Zangs              |
| Tim Miller*          | Jean Reidy          | Tatiana Skiridomova     | Judy Zartman           |
| Ethel Monroe*        | Miles Reynolds      | Rich Skorka*            | Teresita Zdunek        |
| Peter Moore          | James Richardson    | Emily Slider            | Judith Zonsius         |
| Judy Mortellaro      | Jack Richardson     | Sue Smith*              |                        |
| Jason Mortensen      | Caroline Richardson | Neal Smith*             |                        |
| Marlene Morton*      | Kate Richardson     | Laura Solomon*          |                        |

## CHICAGO-BASED VOLUNTEER SPENDS FIVE DAYS A WEEK FIGHTING FOOD INSECURITY

DAILY POINT OF LIGHT # 7435 | DEC 1, 2022 | BY POINTS OF LIGHT



EILEEN SVIOKLA IS PASSIONATE ABOUT VOLUNTEERING TO HELP PUT AN END TO FOOD INSECURITY IN CHICAGO. COURTESY CARE FOR REAL

Anyone who volunteers at Care for Real's Edgewater location knows Eileen Sviokla! Eileen has given more than 1,600 hours since she began volunteering with us in May 2021. We nominated her for a Daily Point of Light Award to acknowledge her commitment to Care for Real and her community. In December 2022, Eileen was featured as Daily Point of Light #7435!

**“What I admire about Care for Real is that it’s all about serving the clients’ needs. The clients come first. You can build relationships, there’s trust. That’s very important to me.”**

## In-kind Partners

Care for Real relies on dozens of in-kind partners to keep shelves stocked to serve thousands of neighbors each year. The Food Rescue Program secures about 40% of the 2.1 million pounds of food we distribute each year, with the remainder donated from nonprofit partners. Individuals, foundations, local businesses, and community groups collect personal care items, baby products, clothing, and pet food to help us meet the unique needs of every family we serve.

|                            |                                      |                                   |  |
|----------------------------|--------------------------------------|-----------------------------------|--|
| Amazon                     | Ebenezer Lutheran Church             | Local Foods                       | St. Andrews Women's Philoptochos Society   |
| Amtrak                     | Edgewater Glen Association           | Mariano's                         | St. Gertrude Parish                        |
| Bagcraft                   | Fortune Fish                         | Marillac House                    | Sunset Foods                               |
| Bites Asian Kitchen        | Greater Chicago Food Depository      | Metropolis Coffee                 | sweetgreen                                 |
| Buddhist Temple of Chicago | Hooked on Fish                       | Mintel                            | The Black Girl Social Club Chicago Chapter |
| City Fresh                 | Illinois Quilters Inc.               | North Shore Baptist Church        | The Grand Food Center                      |
| Colectivo                  | JAB Produce                          | Panera                            | The Phillips Family Fund                   |
| Copia/Getir                | Jameson Loves Danger                 | Penzeys Spices                    | The Silver Foundation                      |
| Decatur Classical School   | Jewel/Osco                           | Renaissance Charitable Foundation | Thorndale Beach South Condo Association    |
| Dom's Kitchen              | Lakewood Balmoral Residents' Council | Rogers Park Montessori School     | Trader Joe's                               |
| East Point Condominium Inc | Leapfrog Group                       | Saddle & Cycle Club               | Vertigo Group Inc.                         |
|                            |                                      |                                   | Whole Foods                                |



### Board of Directors

April 1, 2022 –  
March 31, 2023

The Rev. Jim Nixon  
*Chair*

Alton Lynum  
*Vice Chair*

Jane Clifford  
*Treasurer*

Jennifer Schmidt  
*Secretary*

Don Cortelyou

Blair Harvey

William Massey

Kim Mendiola

Julian Morris

Neda Nozari

Nina Newhouser

Claire Rooney

### Board of Directors

as of October 2023

The Rev. Jim Nixon  
*Chair*

Alton Lynum  
*Vice Chair*

Jane Clifford  
*Treasurer*

Jennifer Schmidt  
*Secretary*

Don Cortelyou

Nassir Faulkner

Blair Harvey

Gee Hoon Lim

William Massey

Julian Morris

Nina Newhouser

Neda Nozari

Nelson Rosario

Larry Svabek

### Staff

as of October 2023

Gregory Gross  
*Executive Director*

Shana Conner  
*Senior Warehouse  
& Distribution Manager*

Caroline Covarrubias  
*Program Associate*

Nate Davis  
*Transportation Manager*

Michael Gatsby  
*Warehouse Manager*

Jen Kouba  
*Director of Development  
& Communications*

Karen Kuehn  
*Warehouse Manager*

Max Levavi  
*Program & Warehouse  
Associate*

Marshawn Martin  
*Warehouse Associate*

Kate Polgar  
*Director of Programs*

Jake Pullen  
*Warehouse Associate*

Jari Ramos-Orbe  
*Programs & Partnerships  
Manager*

Izzy Reno  
*Development Associate*

Alex Surovietz  
*Warehouse Associate*

### Care for Real

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773-769-6182

info@careforreal.org  
www.careforreal.org

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